



# Junior Coach Job Description

The **MARC Sharks (located conveniently right off of I40 between Raleigh and Cary)** is looking to hire an **enthusiastic**, organized individual with proficiency in stroke mechanics, the ability to motivate swimmers of all ages and skill levels, and strong communication skills with parents and swimmers. The Sharks are a 100+ swimmers, TSA South League team (Division 3 for 2017; Division Champs for 2012, 2014, 2015) of swimmers age 4 to 18 that is run by an enthusiastic and supportive group of parent volunteers.

Duties include, but are not limited to day-to-day coaching of 6&under swimmers, assistance with that age group workout. The ideal candidate will have competitive swim team experience and be interested in moving on to assistant coach once experience is gained.

The position is limited part-time from mid-May through the third week in July. Coach must be available weekday mornings and later-afternoon/evenings for practices, Saturday mornings for practices.

## REQUIREMENTS:

### Coach-athlete interaction

- Uses encouragement
- Uses praise
- Works with all individuals
- Uses constructive criticism
- Works with the team

### Teaching Skills

- Uses demonstrations by getting in the pool with swimmers, especially younger ones
- Uses questions as a teaching tool
- Provides constructive feedback

### Practice Management

- Arrives early
- Workout begins on time
- Keeps athletes engaged in productive activity

### Other

- Dresses appropriately
- Punctual
- Has team spirit and encourages swimmers
- to show team spirit at meets
- Positive role model

**Pay Rate starts at \$7.50/hour**

**Download application at: <https://marcsharks.wordpress.com/>**

**Or email [medfieldsharks@gmail.com](mailto:medfieldsharks@gmail.com) with questions.**

## Tentative Schedule:

Work Days:	Date
Coaches' Orientation (2 hours)	to be scheduled
Weekday (afternoon) Practice (4 days a week- 3 hours)	begins Monday, mid-May
Saturday Practice (2.5 hours)	begins Saturday, mid-May
Weekday (morning) Practice (3 days a week- 3 hours)	begins Monday, after trad. calendar is out